Gap fillers

These are expressions designed to give the speaker a bit of thinking time in normal conversation, presentations, or speaking. They are a useful way to buy your brain a little thinking time and are present in most languages. Memorising a few of these could really help you boost your speaking.

Actually…
Let me see…
The other thing I should say is…
In other words…
This means that…
Another point I should mention is…
Anyway…
Let me give you an example…
Firstly…
Secondly…
Lastly…
The first thing I should say is…
I'm going to talk about… or I'm going to walk you through
At the end of the day
Eventually…
Lately….
If you ask me…….
Well, I would say….
For instance……
If I'm not wrong….
What I understood from you is…….
Correct me if I'm wrong, you mean to say…..
Let me frame it like this…..   or Let me put it like this
Taking the same thread ahead, I think……
I want to put it like this….
It is being said that….